

Grateful | Week 1
Contentment
Philippians 4:11-19
November 2 & 3, 2019

Big Idea

The secret to contentment is the word “ENOUGH!”. Say it with me...”enough!”.

Scripture

Philippians 4:11-19

1 Timothy 6:6-8

Proverbs 13:25

Discussion Questions

1 – Describe a situation (vacation, event, etc.) that did not turn out the way you had expected. Did that disappointment overshadow or ruin your situation? Can you identify something that was good despite the circumstances?

2 – The sermon touched upon two areas: circumstances we can control and circumstances we cannot control. How are you at taking action when you are experiencing less than favorable circumstances in which you have some control?

3 – The sermon discussed two major pitfalls to contentment: *comparison & change*. Which has led to your feelings of discontentment? Share how this sermon, perhaps made you aware and encouraged you to address that in your life.

4 – Read 1 Timothy 6:6-8. Discuss how satisfaction and great gain can come through godliness and contentment. Have you ever experienced that in your life? Share.

5 – Read Philippians 4:11-19. The sermon discussed people are discontent because they are lacking the explosive and ever-growing strength and power of God in their lives. What do you think...agree, disagree and why?

Next Steps

- Consciously determine what “tent” (discontent or content) you are choosing to live in overall. And when circumstances that are out of your control approach choose the content tent.

Prayer Focus

- Dear God, help me to use the word “enough” more and to be content in who I am in you!