

Discussion Guide

Series: Breathe wk1 Faith

November 3, 2024



Big Idea

Live by faith; breathe in faith!



Icebreaker

Routines in our day tend to bring us structure & thus comfort. What is part of your daily routine that you just *love* and that brings you comfort & why?



Discussion Questions

1. Let's begin this time together by intentionally breathing. Following the "One Minute Pause" App format, take 3 breaths in silence. After you do, recite the following slowly & with intentionality:
 - "Jesus, I give everyone & everything to You."
 - "I give everyone & everything to You, God."
 - "I give myself to You, Jesus."
 - "I need more of You, God. Fill me with more of You."Take one more deep breath in & out.
2. Read 1 Thessalonians 1:2-3. Consider the 'faith' aspect of this verse, what is produced by it? What is an example from your own life, or from someone else's life, where you see this 'product' alive & well as the result of faith in God?
3. Read Hebrews 10:19-25. Consider the 'faith' aspect of this verse, what does it bring? When you think of faith, do you necessarily & initially tie it to 'full assurance', why or why not? We learned in the sermon that the original Greek word for faith is 'pistis', whose root Greek word is 'peitho' which means: *to be persuaded of*. What are some laws of nature you have been persuaded of resulting in your having faith in them? What did it take for you to establish this faith? How has this applied to, or translated to your being persuaded of your faith in God (give a real-life example, if you can)?
4. A key phrase from the sermon was this: *To have faith in God is to believe that you can trust Him into the future based upon His past action*. What are some things in your future that you need to, and in fact should, trust Him for? Why is this difficult, at times, for us? Has God given us space for doubt in the past (explain from an example, if you can)? What does this space He gives us for doubt reveal to us about God and His character & care for us?
5. What or who (of this world) has let you down or broken your faith? See & confess (out loud) that these things or people are not God, but that He is and that you can trust Him. How does one find healing from the faith that was broken in us from something or someone (share from a real-life example, if you can)? If there is a current breaking of faith by something or someone that you are in the process of dealing with, share it with God &/or others in your group so you can be both ministered to and prayed for.
6. Read Hebrews 11:1-6. Per verse 1, what is faith? Per verse 6, without *what* is it impossible to please God? What are the ramifications of this state of being? Is there something you need to do as the result of your processing of the realizations considering these truths, what is that something?



Concluding Question

Read Hebrews 10:24-25 & then recite together this: "We pray that we would live by faith, be known by love, and be a voice of hope." How can you grow in living by faith to act as encouragement for others?



Prayer

Pray for: 1) God's will to be done through the elections & for peace to reign despite them 2) Begin classes